

2nd Sunday of Lent

April 1st-April 7th 2024

April 1st-April 7th, 2024, Tone 2
Second Sunday of Lent.

April 2, 2024 Tuesday

12pm. Synaxis

April 3, 2024 Wednesday

12pm. Synaxis

6pm. Pre-Sanctified Liturgy

7:15pm. Lenten Potluck Meal

8pm. OCF @ SU



April 4, 2024 Thursday

12pm. Synaxis

8:45pm. Panera Bread Recovery and SU Food Recovery

April 5, 2024 Friday

9am. Pre-Sanctified Liturgy

11am. Schools Pick Up Dinners

11:15am. Outreach Street Food Ministry

April 6, 2024 Saturday - Archbishop's Visit

9:30am. Soul Saturday Divine Liturgy

2pm. Bishop Q&A in the Rectory

5pm. Great Vespers

5:45pm. Choir Rehearsal

April 7, 2024 Sunday - The Life Giving Cross

8:15am. Ridesharing

8:45am. Holy Confessions

9am Choir Rehearsal

9:10am. 3rd & 6th Hour

9:30am. Hierch. Divine Liturgy (Greeting of the Bishop)

12pm. Agape Meal

11:30am. Church School

6pm. Pan-Ortho Vespers here at Ss. Peter and Paul

April 8, 2024 Monday

3:15pm. Solar Eclipse Event @ St. Andrew's Camp

The Weekly

On St. Gregory Palamas



Ss. Peter and Paul Orthodox Church

401 Hamilton Street
Syracuse, NY 13204

Fr. Ambrose Inlow's Cell: (315) 418-5738
Rectory: (315) 468-0442
sspeterandpaulsyracuse.com

Announcements



Welcome all visitors!

Please join us after the service for Coffee Hour. Please introduce yourself to Fr. Ambrose and others as we would love to meet you! We are delighted to have you here with us.

Please fill out your information at <https://www.sspeterandpaulsyracuse.com/new> as we would love to keep you connected with our events.

If you are not Orthodox Christian, please do not approach the chalice during the distribution of Holy Communion. Please, however, come up and kiss the cross at the end of the service and introduce yourself to Fr. Ambrose.

An agape meal rotation schedule is being put together. If you would like to join the rotation please see Jessica Gressel. Any help with the Coffee Hour / Agape Meals is welcomed!

At Coffee Hour please donate what you can in the donations box. \$2 per meal is suggested. We are in need of plates, cups, coffee, utensils, etc... Please donate!

To make a confession simply come early to any Divine Liturgy, stay after at any vespers service, or make an appointment.

Communion is for Orthodox Christians who have prepared by prayer, fasting from midnight on, reconciliation, and a recent confession. For the reception of communion it's also good to arrive on time to Divine Liturgy and not later than the reading of the Holy Gospel.

If you or someone is admitted into the hospital or needs emergency pastoral assistance, then please call Fr. Ambrose at 315-418-5738. Make sure to put Fr. Ambrose as one of your hospital contacts to ensure that he is easily able to come and visit.

On Sunday, April 7th at 6pm we will host the Pan-Orthodox Vespers. Please bring a lenten dish to share with our brothers and sisters in Christ. See Christine Sahn as she is leading the dinner effort.

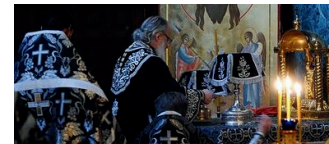
Please consider donating for Paschal Flowers. In your donation, please include those whom you would like to commemorate in memory of.

Important Upcoming Services and Events



Pan-Orthodox Vespers Tonight

6pm at St. Elias
Antiochian Orthodox Church



Pre-Sanctified Liturgies

This Wednesday evening at 6pm, followed by a lenten meal, and this Friday at 9am.



Food Recovery on Thursday Night

We are looking to recover food from 4 SU dining halls this Thursday and we could use some extra help!



Visit from His Eminence

On Saturday, April 6th we will welcome Archbishop Michael. Hierarchical Liturgy will be on Sunday, April 7th.



Solar Eclipse Watch Party at St. Andrew's Camp

On Monday, April 8th, starting in the afternoon. Many from around the diocese will be there.



Men's Fellowship Night w/Dr. David Ford

On Tuesday, April 9th at 6:30pm we will welcome Dr. David Ford to speak with us about St. John Chrysostom.

2024 Stewardship

Ss. Peter and Paul parish is supported entirely through the generosity of its members, friends, and benefactors.

If you are active in your support of Ss. Peter and Paul, thank you! If you are new to Ss. Peter and Paul and/or regularly attend, please consider making a regular offering (weekly or monthly) in support of our parish and its projects.

By contributing to the General Fund in 2024 you are supporting the mission and activities in the parish, which include divine services, outreach, evangelism, church school, parish social activities, community efforts, and many more. There are so many things that are happening at Ss. Peter and Paul and contributing to the General Fund helps to advance this mission.

The best way to give is by check (or cash) placed in an envelope in the offering baskets.. We also have an online giving system (Breeze) as a way to offer your tithes and offerings.

The Impactful Ministries of Ss. Peter and Paul

- Free Family Dinner for the entire community. 4th Monday of every month.
- Food Recovery Ministry: during the school semester a team of us recover up to 500 lbs of cooked food every week.
- Elementary School Outreach - we then take the recovered food and give it to families at local elementary schools.
- Church School Ministry - every Sunday, after Liturgy, during the school year, we have Church School lessons for grades pre-k through 12th.
- Hospitality Team Ministry
- Choral Ministry
- Senior Moment Lunches
- Altar Server Ministry
- Synaxis Meetings during Fasting Periods..
- Foundation Classes
- Ladies Nights
- Men's Fellowship Dinners and Outings
- Family Potluck Events
- Educational Field Trips for Children
- plus much more....

Please support the present and future ministry of Ss. Peter and Paul Orthodox Church!

What's My Weekly Tithe?

Weekly Income	10%	5%	4%	2%
\$200	\$20	\$10	\$8	\$4
\$500	\$50	\$25	\$20	\$10
\$750	\$75	\$37	\$30	\$15
\$1,000	\$100	\$50	\$40	\$20
\$1,500	\$150	\$75	\$60	\$30
\$2,000	\$200	\$100	\$80	\$40

On St. Gregory Palamas

By Metropolitan of Gortyn and Megalopolis, Ieremias †

My Christian friends, if you want to make spiritual progress- as I'm sure you do- then I recommend that you embrace prayer and read the lives of the saints and the teachings of the Fathers of our Church. In these you'll see the magnificence of our Orthodox faith and also how we are to live it on an everyday basis. One great Father of our Church, who, for a long time was hardly known at all because preachers never mentioned him in their sermons and catechisms, was Saint Gregory Palamas, Archbishop of Thessaloniki. I'll just say a few words about him here and you, who have a thirst for knowledge, can investigate further.

Saint Gregory Palamas, my beloved friends, was born to devout parents who lived as though they were monastics. At a very early age he learned deep devotion to God, though he also had an extremely well-founded education in the humanities. He chose to become a monk, however, and to devote himself to God, Who prepared him to enter deeply into the spiritual concepts of our faith and of sanctity. God prepared him to be someone who saw Him. Gregory left for the Holy Mountain where, under the direction of saintly and experienced Elders, he began the struggle to cleanse his soul from the passions. The prayer he said often was 'Lord Jesus Christ, lighten my darkness'. He particularly sought the aid of Our Most Holy Lady the Mother of God in the purification of his soul because he'd loved and been devoted to her from childhood. What was also wonderful about the young monk Gregory is that, apart from prayer and the ascetic life, he also studied the teaching of the holy Fathers in depth. This is also the way in which his small brotherhood, which came to him later, wished to live. Indeed, Saint Gregory considered the time spent on preparing their frugal meals to be a distraction from their spiritual progress, so has asked Our Lady to undertake the task of feeding them. And so she did. Every day, the Most Holy Mother of God sent some faithful Christian to bring food to the holy brotherhood of Saint Gregory.

Through such a holy way of life he cleansed his soul of its sinful passions and became a vessel of the Grace of God. He increased greatly in sanctity. Everything he did had to do with God and, in particular, his discourse was theological. He was like a glass bowl overflowing with milk, as he himself saw in a vision. This was his divine teaching which he received as a message from an angel and passed on to the faithful. My friends, with the gifts He gave Saint Gregory, God prepared him to fight against a great heresy which appeared at that time, that of Barlaamism. I shall say only a few words regarding it. Barlaam came to Byzantium from the West and brought a different God with him. Instead of seeing God as a loving Father, very close to our pain and weakness, he conceived Him as being only ESSENCE. In other words, he believed in a dread and terrible God, seated on high and blasting out thunder and lightning. A God Who could have no relationship with things human, because, in reality, God's Essence couldn't communicate with earthly creatures. But we Orthodox feel God to be very close to us. We feel Him beside us and within us. In fact, we say that our goal is to be united with God, and we call this union DEIFICATION. We Orthodox have this teaching because we believe that our God isn't only ESSENCE, but also ENERGIES. Through His divine Energies, He made the world and through His divine Energies we, too, can taste the Glory of God and be deified.

Of course, since God is uncreated, so are His divine Energies. In other words, they aren't made by us, but come directly from the uncreated God. Barlaam didn't accept the divine Energies and so didn't agree that we can become holy and be deified. In this way, he denied the purpose for which we were made. My friends, we weren't made simply to become good people, but to find God and to be united with Him. And it's possible for this to happen because God has uncreated Energies, not only Essence, as Barlaam maintained.



2024 Pan-Orthodox Lenten Vespers

24

MAR

SUNDAY OF ORTHODOXY

ST. SOPHIA'S GREEK ORTHODOX CHURCH
325 WARING ROAD, SYRACUSE | 6:00 PM

31

MAR

SUNDAY OF ST. GREGORY PALAMAS

ST. ELIAS ANTIOCHIAN ORTHODOX CHURCH
4988 ONONDAGA ROAD, SYRACUSE | 6:00 PM

07

APR

SUNDAY OF THE HOLY CROSS

STS. PETER & PAUL ORTHODOX CHURCH
401 HAMILTON STREET, SYRACUSE | 6:00 PM

14

APR

SUNDAY OF ST. JOHN CLIMACUS

ST. LUKE UKRAINIAN ORTHODOX CHURCH
3290 WARNERS, WARNERS | 6:00 PM

21

APR

SUNDAY OF ST. MARY OF EGYPT

ST. GEORGE MACEDONIAN ORTHODOX CHURCH
5083 ONONDAGA ROAD, SYRACUSE | 6:00 PM

A Weekend w/His Eminence

SATURDAY, APRIL 6TH

2PM - Q & A SESSION WITH FATHERS IN THE RECTORY.
3:15PM - Q & A SESSION WITH HUSBANDS AND WIVES IN
THE RECTORY.

5PM - GREAT VESPERS

SUNDAY, APRIL 7TH

9:30AM - GREETING OF THE BISHOP
& HIERARCHICAL LITURGY

6PM - PAN- ORTHODOX VESPERS HERE
AT SS. PETER AND PAUL.

MONDAY, APRIL 8TH

3:15PM - SOLAR ECLIPSE GATHERING AT ST. ANDREW'S
CAMP.