

# 34th Sunday After Pentecost

January 29th - February 4th, 2024

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January 29, 2024 Monday

6pm. Vespers

January 30, 2024 Tuesday 3 Holy Hierarchs

9am. Divine Liturgy

January 31, 2024 Wednesday

6pm Hall Subcommittee Meeting

8pm. OCF @ SU

February 1, 2024 Thursday

**5:30pm. VIGIL for Meeting of the Lord**

9pm. Food Recovery

9pm. Panera Pick Up

February 2, 2024 Friday

**9am. Festal Divine Liturgy for Meeting of the Lord**

9:30am. Schools Pick Up Dinners

11am. Outreach Street Food Ministry

6:30pm. Wedding Rehearsal

February 3, 2024 Saturday

3:30pm. Foundations Class

5pm. Great Vespers

5:45pm. Choir Rehearsal

February 4, 2024 Sunday

8:15am. Ridesharing

8:45am. Holy Confessions

9am. Choir Rehearsal

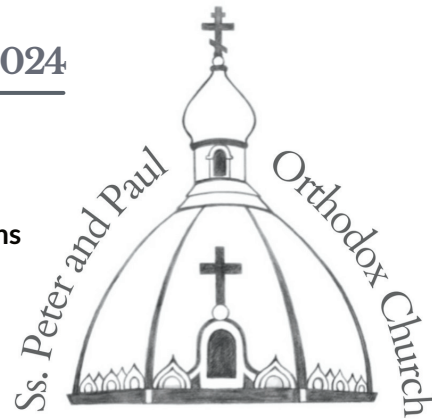
9:10am. 3rd & 6th Hour

9:30am. Divine Liturgy

11:15am. Agape Meal

11:30am. Church School

1pm. Wedding



# The Weekly

On the Holy Martyrs



# Ss. Peter and Paul Orthodox Church

401 Hamilton Street  
Syracuse, NY 13204

Fr. Ambrose Inlow's Cell: (315) 418-5738  
Rectory: (315) 468-0442  
sspeterandpaulsyracuse.com

# Announcements



## Welcome all visitors!

Please join us after the service for Coffee Hour. Please introduce yourself to Fr. Ambrose and others as we would love to meet you! We are delighted to have you here with us.

Please fill out your information at <https://www.sspeterandpaulsyracuse.com/new> as we would love to keep you connected with our events.

If you are not Orthodox Christian, please do not approach the chalice during the distribution of Holy Communion. Please, however, come up and kiss the cross at the end of the service and introduce yourself to Fr. Ambrose.

An agape meal rotation schedule is being put together. If you would like to join the rotation please see Jessica Gressel. Any help with the Coffee Hour / Agape Meals is welcomed!

At Coffee Hour please donate what you can in the donations box. \$2 per meal is suggested. We are in need of plates, cups, coffee, utensils, etc... Please donate!

To make a confession simply come early to any Divine Liturgy, stay after at any vespers service, or make an appointment.

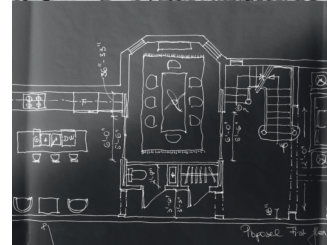
Communion is for Orthodox Christians who have prepared by prayer, fasting from midnight on, reconciliation, and a recent confession. For the reception of communion it's also good to arrive on time to Divine Liturgy and not later than the reading of the Holy Gospel.

If you or someone is admitted into the hospital or needs emergency pastoral assistance, then please call Fr. Ambrose at 315-418-5738. Make sure to put Fr. Ambrose as one of your hospital contacts to ensure that he is easily able to come and visit.

## Fr. Ambrose Wish List:

1) Sitting chairs for the library downstairs. Please see Georgia or Clare Flaherty for details.

# Important Upcoming Services and Events



## House Blessings have now begun!

Pick up a house blessing schedule to see when your house will be blessed. It's wonderful to have your house blessed every year!

## The Blessing of the Lake and Theophany Cross Plunge

On January 28th, at 3pm we will bless Lake Oneida, Have a Theophany Plunge, and Dinner.

## Hall Sub Committee Meeting

Wednesday, January 31st at 6:pm. The unveiling of the potential 3D design and images of the hall.

## Feast Day for the Meeting of the Lord

This Thursday VIGIL @ 5:30pm. Friday Festal Divine Liturgy at 9am, followed by Potluck Festal Meal.

## Wedding for Dan and Veronica

1pm on Sunday, February 4th here at Ss. Peter and Paul.

## 2024 Stewardship

Ss. Peter and Paul parish is supported entirely through the generosity of its members, friends, and benefactors.

If you are active in your support of Ss. Peter and Paul, thank you! If you are new to Ss. Peter and Paul and/or regularly attend, please consider making a regular offering (weekly or monthly) in support of our parish and its projects.

By contributing to the General Fund in 2024 you are supporting the mission and activities in the parish, which include divine services, outreach, evangelism, church school, parish social activities, community efforts, and many more. There are so many things that are happening at Ss. Peter and Paul and contributing to the General Fund helps to advance this mission.

The best way to give is by check (or cash) placed in an envelope in the offering baskets.. We also have an online giving system (Breeze) as a way to offer your tithes and offerings.

## The Impactful Ministries of Ss. Peter and Paul

- Free Family Dinner for the entire community. 4th Monday of every month.
- Food Recovery Ministry: during the school semester a team of us recover up to 500 lbs of cooked food every week.
- Elementary School Outreach - we then take the recovered food and give it to families at local elementary schools.
- Church School Ministry - every Sunday, after Liturgy, during the school year, we have Church School lessons for grades pre-k through 12th.
- Hospitality Team Ministry
- Choral Ministry
- Senior Moment Lunches
- Altar Server Ministry
- Synaxis Meetings during Fasting Periods..
- Foundation Classes
- Ladies Nights
- Men's Fellowship Dinners and Outings
- Family Potluck Events
- Educational Field Trips for Children
- plus much more....

**Please support the present and future ministry of Ss. Peter and Paul Orthodox Church!**

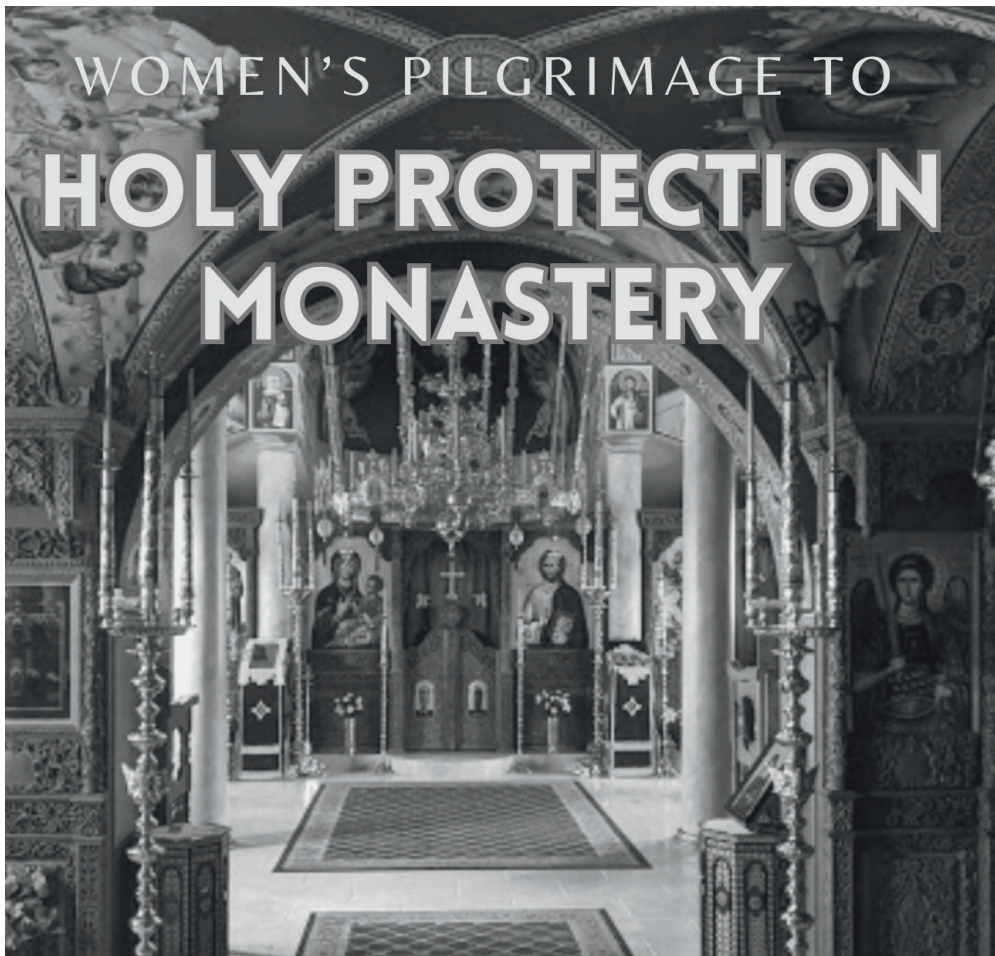
## What's My Weekly Tithe?

Weekly Income	10%	5%	4%	2%
\$200	\$20	\$10	\$8	\$4
\$500	\$50	\$25	\$20	\$10
\$750	\$75	\$37	\$30	\$15
\$1,000	\$100	\$50	\$40	\$20
\$1,500	\$150	\$75	\$60	\$30
\$2,000	\$200	\$100	\$80	\$40

## Abba Dorotheos on the Holy Martyrs

It is good, O brethren, to sing the words of the holy God-bearers, for they strive everywhere to instruct us in everything which leads to the enlightenment of our souls. From the words we sing on the feast day, we should always come to understand the meaning of the what is being commemorated, whether it be a feast of the Lord, of the holy martyrs, or of the holy Fathers; in a word no matter what saint or blessed commemoration it is. Thus we should sing with heedfulness and penetrate with our minds into the significance of the words of the Holy Fathers so that we might sing not only with our lips as is said in the Patericon, but that our heart also might sing together with them. From the first hymn of the feast we have learned as we are able something about Holy Pascha; let us look further and see what St. Gregory wishes to teach us about the holy martyrs. In the hymnody about them, taken from St. Gregory's words, we sing today, "Living sacrifices, rational whole-burnt offerings," and the rest. What does this mean "Living sacrifices?" Sacrificial is the name for everything which is consecrated as a sacrifice to God, as for example sheep, bulls and the like. But why are the Holy Martyrs called living sacrifices? Because a lamb which is offered in sacrifice is first slaughtered and dies and then is sliced in pieces and offered to God; while the holy martyrs, while still being alive, were cut into pieces, scraped, tortured and endured dismemberment. Sometimes the torturers cut off their hands, feet and tongues and gouged out their eyes; and they were scraped in the ribs to such an extent with iron that their very inward parts were visible. In all of this of which I speak the Saints endured while still alive, still having their souls within themselves, which is why they are living sacrifices. And why are they called "rational whole-burnt offerings?" Because sacrifice is one thing and whole-burnt offering another. Sometimes men offer in sacrifice not a whole lamb but only a rudimentary part, as is said in the Law: the right shoulder, the pancreas and both kidneys, and the like (Ex. 29:22). Those who offered these, the rudiments, called this a sacrifice, which is why such an offering in general is called sacrifice. A whole-burnt offering is the name given to an offering of a whole lamb or a whole bull or any other offering burned without any remnant as is said in the same Law: the head with the feet and inward parts, sometimes also with the stomach and in a word, everything is burned entirely, and this is called a whole-burnt offering. Thus the sons of Israel according to the Law offered sacrifices and whole-burnt offerings. These sacrifices and whole-burnt offerings were a pre-figuration of the souls who desire to be saved and to offer themselves as a sacrifice to God.

# WOMEN'S PILGRIMAGE TO HOLY PROTECTION MONASTERY



**FRIDAY, FEBRUARY 16TH -  
SATURDAY, FEBRUARY 17TH**

**PLEASE RSVP AT THE  
QR CODE BELOW:**



WE CAN BRING UP TO 12 YOUNG LADIES, TEENAGERS, AND/ OR ADULTS. WE'LL ALL CARPOOL TOGETHER. WE'LL LEAVE FROM THE CHURCH AT 9AM ON FRIDAY. SPEND THE NIGHT AT HOLY PROTECTION, AND THEN RETURN ON SATURDAY AFTERNOON PLEASE BRING A MONETARY DONATION FOR THE MONASTERY.

## BLESSING OF LAKE ONEIDA

## & THEOPHANY CROSS PLUNGE

## & DINNER

- SUNDAY
- JANUARY 28TH
- @ ST. ANDREW'S CAMP
- STARTS @ 3PM  
DINNER TO FOLLOW

