



# FOUNDATIONS 4: THE MIND OF THE EARLY SAINTS

Go through and listen to each podcast. You can listen to it while you drive, while you are at the gym, or doing chores around the house.

There are some writings of the early Fathers here as well that you can read. This will give you an idea of the mind and way of life of the early Saints of Holy Orthodoxy.



## **1. Introduction to the Lives of the Saints.**

<https://tinyurl.com/5n7jx4nf>

## **2. The Life of St. James, the Brother of the Lord**

<https://tinyurl.com/t47dazzh>

## **3. The Life of St. Luke the Physician**

<https://tinyurl.com/u9xpxufz>

## **4. The 70 Lesser Apostles**

<https://tinyurl.com/2p8e7752>

## **5. The Life of St. Dionysius the Areopagite**

<https://tinyurl.com/m77hempb>

## **6. The Life of St. Clement of Rome**

<https://tinyurl.com/2jv9wcha>

St. Clement's Epistle to the Corinthians  
<https://www.newadvent.org/fathers/1010.htm>

**7. The Life of St. Polycarp of Smyrna**  
<https://tinyurl.com/2kkw3vsn>

Polycarp's letter to the Phillipians  
<https://www.newadvent.org/fathers/0136.htm>

**8. The Life of St. Ignatius the Godbearer**  
<https://tinyurl.com/22s3zsm6>

St. Ignatius' Epistle to the Romans  
<https://www.newadvent.org/fathers/0107.htm>

**9. The Life of St. Demetrios of Thessaloniki**  
<https://tinyurl.com/4f6bwwaj>

**10. The Life of St. Anthony the Great**  
<https://youtu.be/1Q1Q7VCMoR4>

**11. The Life of St. Paul of Thebes**  
<https://tinyurl.com/5y26k9eh>

**12. The Life of St. Athanasius the Great**  
<https://tinyurl.com/3zw5t5bv>

**13. The Life of St. Macarios of Egypt**  
<https://tinyurl.com/bde7pmfj>

**14. The Life of St. Basil the Great**  
<https://tinyurl.com/yychjtrd>

**13. The Life of St. Gregory the Theologian**  
<https://tinyurl.com/2dfwar7r>

**The Sayings of the Desert Fathers**  
The Sayings of St. Anthony the Great  
<https://youtu.be/BKDFZ344-s4>

The Sayings of St. Arsenius  
<https://youtu.be/npBM8D9rfyg>

The Sayings of St. Agathon  
[https://youtu.be/Y51C3\\_ihY5w](https://youtu.be/Y51C3_ihY5w)

The Sayings of St. Ammon  
<https://youtu.be/Bl60iIPAOxU>

